

Of Patience

Tertullian

Early Church (pre-Nicene) · Ante-Nicene · Treatise

STROMATA 20

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INTRODUCTION

Composed around the turn of the third century, this is the earliest Christian treatise devoted to a single virtue, a small but consequential innovation that opened the way for the long tradition of monographs on the individual graces, from Cyprian's own *De Bono Patientiae* through the medieval moralists. Tertullian opens with a startling admission: he is, by temperament, the wrong man to write on patience, and he knows it. That confession is not a rhetorical flourish but the engine of the work, which proceeds to locate patience in God Himself, in Christ's passion, and in the daily provocations of injury, loss, and bereavement. Expect something closer to a sermon under pressure than a calm exposition, argumentative, self-accusing, and shot through with the restless intelligence of a writer wrestling the very virtue he commends.

Chapter 1\ Of Patience Generally; And Tertullian's Own Unworthiness to Treat of It

I fully confess unto the Lord God that it has been rash enough, if not even impudent, in *me* to have dared compose a treatise on Patience, for *practising* which I am all unfit, being a man of no goodness; whereas it were becoming that such as have addressed themselves to the demonstration and commendation of some particular thing, should themselves first be conspicuous in the practice of that thing, and should regulate the constancy of their commonishing by the authority of their personal conduct, for fear their words blush at the deficiency of their deeds. And would that this *blushing* would bring a remedy, so that shame for *not* exhibiting that which we go to suggest to others should prove a tutorship into exhibiting it; except that the magnitude of some good things — just as of some ills too — is insupportable, so that only the grace of divine inspiration is effectual for attaining and practising them. For what is *most* good rests *most* with God; nor does any other than He who possesses it dispense it, as He deems meet to each. And so to discuss about that which it is not given one to enjoy, will be, as it were, a solace; after the manner of invalids, who since they are without health, know not how to be silent about its blessings. So I, most miserable, ever sick with the heats of *impatience*, must of necessity sigh after, and invoke, and persistently plead for, that health of patience which I possess not; while I recall to mind, and, in the contemplation of my own weakness, digest, *the truth*, that the good health of faith, and the soundness of the Lord's discipline, accrue not easily to any unless patience sit by his side. So

is patience set over the things of God, that one can obey no precept, fulfil no work well-pleasing to the Lord, if estranged from it. The good of it, even they who live outside it, honour with the name of highest virtue. Philosophers indeed, who are accounted animals of some considerable wisdom, assign it so high a place, that, while they are mutually at discord with the various fancies of their sects and rivalries of their sentiments, yet, having a community of regard for patience alone, to this one of their pursuits they have joined in granting peace: for it they conspire; for it they league; it, in their affectation of virtue, they unanimously pursue; concerning patience they exhibit all their ostentation of wisdom. Grand testimony this is to it, in that it incites even the vain schools of the world unto praise and glory! Or is it rather an injury, in that a thing divine is bandied among worldly sciences? But let them look to that, who shall presently be ashamed of their wisdom, destroyed and disgraced together with the world (it lives in).

Chapter 2\ God Himself an Example of Patience

To *us* no human affectation of canine equanimity, modelled by insensibility, furnishes the warrant for exercising patience; but the divine arrangement of a living and celestial discipline, holding up before us God Himself in the very first place as an example of patience; who scatters equally over just and unjust the bloom of this light; who suffers the good offices of the seasons, the services of the elements, the tributes of entire nature, to accrue at once to worthy and unworthy; bearing with the most ungrateful nations, adoring *as they do* the toys of the arts and the works of their own hands, persecuting His Name together with His family; *bearing with* luxury, avarice, iniquity, malignity, waxing insolent daily: so that by His own patience He disparages Himself; for the cause why many believe not in the Lord is that they are so long without knowing that He is angry with the world.

Chapter 3\ Jesus Christ in His Incarnation and Work a More Imitable Example Thereof

And *this* species of the divine patience indeed being, as it were, at a distance, may perhaps be esteemed as among *things too high for us*; but what is that which, in a certain way, has been grasped by hand 1 John 1:1 among men openly on the earth? God suffers Himself to be conceived in a mother's womb, and awaits *the time for birth*; and, when born, bears *the delay* of growing up; and, when grown up, is not eager to be recognised, but is furthermore contumelious to Himself, and is baptized by His own servant; and repels with words alone the assaults of the tempter; while from being *Lord* He becomes *Master*, teaching man to escape death, having been trained to the exercise of the absolute forbearance of offended patience. He did not strive; He did not cry aloud; nor did any hear His voice in the streets. He did not break the bruised reed; the smoking flax He did not quench: for the prophet— nay, the attestation of God Himself, placing His own Spirit, together with patience in its entirety, in His Son— had not falsely spoken. There was none desirous of cleaving to Him whom He did not receive. No one's table or roof did He despise: indeed, Himself ministered to the washing of the disciples' feet; not sinners, not publicans, did He repel; not with that city even which had refused to receive Him was He angry, Luke 9:51-56 when even the disciples had wished that the celestial fires should be immediately hurled on so contumelious a town. He cared for the ungrateful; He yielded to His ensnarers. This were

a small matter, if He had not had in His company even His own betrayer, and steadfastly abstained from pointing him out. Moreover, while He is being betrayed, while He is being led up *as a sheep for a victim*, (for so *He no more opens His mouth than a lamb under the power of the shearer*), He to whom, had He willed it, legions of angels would at one word have presented themselves from the heavens, approved not the avenging sword of even one disciple. The patience of the Lord was wounded in (the wound of) Malchus. And so, too, He cursed for the time to come the works of the sword; and, by the restoration of health, made satisfaction to him whom Himself had not hurt, through Patience, the mother of Mercy. I pass by in silence (the fact) that He is crucified, for this was the end for which He had come; yet had the death which must be undergone need of contumelies likewise? *Nay*, but, when about to depart, He wished to be sated with the pleasure of patience. He is spitted on, scourged, derided, clad foully, more foully crowned. Wondrous is the faith of equanimity\! He who had set before *Him* the concealing of Himself in man's shape, imitated nought of man's impatience\! Hence, even more than from any other trait, ought you, Pharisees, to have recognised the Lord. Patience of this kind none of *men* would achieve. Such and so mighty evidences — the *very* magnitude of which proves to be among the nations indeed a cause for rejection of the faith, but among us its reason and rearing — proves manifestly enough (not by the sermons only, in enjoining, but likewise by the sufferings of the Lord in enduring) to them to whom it is given to believe, that as the effect and excellence of some inherent propriety, patience is God's nature.

Chapter 4\.

Duty of Imitating Our Master Taught Us by Slaves. Even by Beasts. Obedient Imitation is Founded on Patience

Therefore, if we see all servants of probity and right feeling shaping their conduct suitably to the disposition of their lord; if, that is, the art of deserving favour is obedience, while the rule of obedience is a compliant subjection: how much more does it behoove *us* to be found with a character in accordance with our Lord, — servants as we are of the living God, whose judgment on His servants turns not on a fetter or a cap of freedom, but on an eternity either of penalty or of salvation; for the shunning of which severity or the courting of which liberality there needs a diligence in obedience as great as are the comminations themselves which the severity utters, or the promises which the liberality freely makes. And yet we exact obedience not from *men* only, who have the bond of their slavery under their chin, or in any other legal way are debtors to obedience, but even from cattle, even from brutes; understanding that they have been provided and delivered for our uses by the Lord. Shall, then, *creatures* which God makes subject to us be better than we in the discipline of obedience? Finally, (the creatures) which obey, acknowledge *their masters*. Do we hesitate to listen diligently to Him to whom alone we are subjected — that is, the Lord? But how unjust is it, how ungrateful likewise, not to repay from yourself the same which, through the indulgence of your neighbour, you obtain from others, to him through whom you obtain it\! Nor needs there more words on the exhibition of obedience due from us to the Lord God; for the acknowledgment of God understands what is incumbent on it. Lest, however, we seem to have inserted *remarks* on obedience as something irrelevant, (let us remember) that obedience itself is drawn from patience. Never does an *impatient man* render it, or a *patient* fail to find pleasure in it. Who, then, could treat largely (enough) of the good of that *patience* which the Lord God, the Demonstrator and Acceptor of all good things, carried about in His own self? To whom, again, would it be doubtful that

every good thing ought, because it pertains to God, to be earnestly pursued with the whole mind by such as pertain to God? By means of which (considerations) both commendation and exhortation on the subject of patience are briefly, and as it were in the compendium of a prescriptive rule, established.

Chapter 5\ As God is the Author of Patience So the Devil is of Impatience

Nevertheless, the proceeding of a discussion on the necessities of faith is not idle, because it is not unfruitful. In edification no loquacity is base, if it be base at any time. And so, if the discourse be concerning some particular *good*, the subject requires us to review also the *contrary* of that good. For you will throw more light on what is to be pursued, if you first give a digest of what is to be avoided.

Let us therefore consider, concerning *Impatience*, whether just as patience in God, so its adversary quality have been born and detected in our adversary, that from this consideration may appear how primarily adverse it is to faith. For that which has been conceived by God's rival, of course is not friendly to God's things. The discord of *things* is the same as the discord of their *authors*. Further, since God is best, the devil on the contrary worst, *of beings*, by their own very diversity they testify that neither works for the other; so that anything of good can no more seem to be effected for us by the Evil One, than anything of evil by the Good. Therefore I detect the nativity of impatience in the devil himself, at that very time when he impatiently bore that the Lord God subjected the universal works which He had made to His own image, that is, to man. For if he had endured (that), he would not have grieved; nor would he have envied man if he had not grieved. Accordingly he deceived him, because he had envied him; but he had envied because he had grieved: he had grieved because, of course, he had not patiently borne. What that angel of perdition first was — malicious or impatient — I scorn to inquire: since manifest it is that either impatience took its rise *together with* malice, or else malice *from* impatience; that subsequently they conspired between themselves; and that they grew up indivisible in one paternal bosom. But, however, having been instructed, by his own experiment, what an aid unto sinning was that which he had been the first to feel, and by means of which he had entered on his course of delinquency, he called the same to his assistance for the thrusting of man into crime. The woman, immediately on being met by him — I may say so without rashness — was, through his very speech with her, breathed on by a spirit infected with impatience: so certain is it that she would never have sinned at all, if she had honoured the divine edict by maintaining her patience to the end. What (of the fact) that she endured not to have been met alone; but in the presence of Adam, not yet her husband, not yet bound to lend her his ears, she is impatient of keeping silence, and makes him the transmitter of that which she had imbibed from the Evil One? Therefore another human being, too, perishes through the impatience of the one; presently, too, perishes of himself, through his own impatience committed in each respect, both in regard of God's premonition and in regard of the devil's cheatery; not enduring to observe the former nor to refute the latter. Hence, whence (the origin) of delinquency, arose the first origin of judgment; hence, whence man was induced to offend, God began to be angry. Whence (came) the first indignation in God, thence (came) His first patience; who, content at that time with malediction only, refrained in the devil's case from the instant infliction of punishment. Else what crime, before this guilt of impatience, is imputed to man? Innocent he was, and in intimate friendship with God, and the husbandman of paradise. But when once he succumbed to impatience, he quite ceased to be of sweet savour to God; he quite ceased to be able to endure things celestial. Thenceforward, a creature given to earth, and ejected from the sight of God, he begins to be easily turned by impatience unto every use offensive to God. For straightway that *impatience* conceived of the devil's seed, produced, in the fecundity of malice, anger as her son; and when brought forth, trained him in her own arts. For that very thing which had immersed Adam and Eve in death, taught their son, too, to begin with murder. It would be idle for me to ascribe this to impatience, if Cain, that first homicide and first fratricide, had borne with equanimity and not impatiently the refusal by the Lord of his own oblations — if he is not angry with his own brother — if, finally, he took away no one's life. Since, then, he could neither have killed unless he had been angry, nor have been angry unless he had been impatient, he demonstrates that what he did through wrath must be referred to that by which wrath was suggested during this cradle-time of impatience, then (in a

certain sense) in her infancy. But how great presently were her augmentations\! And no wonder, If she has been the first delinquent, it is a consequence that, because she *has* been the first, therefore she is the only parent stem, too, to *every* delinquency, pouring down from her own fount various veins of crimes. Of *murder* we have spoken; but, being from the very beginning the outcome of *anger*, whatever causes besides it shortly found for itself it lays collectively on the account of impatience, as to its own origin. For whether from *private enmities*, or for the sake of *prey*, any one perpetrates that wickedness, the earlier step is his becoming *impatient of* either the hatred or the avarice. Whatever *compels* a man, it is not possible that without *impatience of itself* it can be perfected in *deed*. Who *ever* committed *adultery* without impatience of *lust*? Moreover, if in females the sale of their modesty is forced by the price, of course it is by impatience of contemning gain that *this sale* is regulated. These (I mention) as the principal delinquencies in the sight of the Lord, for, to speak compendiously, *every* sin is ascribable to impatience. *Evil* is *impatience of good*. None *immodest* is not *impatient of modesty*; *dishonest* of *honesty*; *impious* of *piety*; *unquiet* of *quietness*. In order that each individual may become *evil* he will be *unable to persevere* in being *good*. How, therefore, can such a hydra of delinquencies fail to offend the Lord, the Disapprover of evils? Is it not manifest that it was through impatience that Israel himself also always failed in his duty toward God, from that time when, forgetful of the heavenly arm whereby he had been drawn out of his Egyptian affliction, he demands from Aaron *gods as his guides*; when he pours down for an idol the contributions of his gold: for the so necessary delays of Moses, while he met with God, he had borne with impatience. After the edible rain of the manna, after the watery following of the rock, they despair of the Lord in not enduring a three-days' thirst; for this also is laid to their charge by the Lord as impatience. And — not to rove through individual cases — there was no instance in which it was not by failing in duty through impatience that they perished. How, moreover, did they lay hands on the prophets, except through impatience of hearing them? On the Lord moreover Himself, through impatience likewise of seeing Him? But had they entered *the path of patience*, they would have been set free.

Chapter 6\. Patience Both Antecedent and Subsequent to Faith

Accordingly it is patience which is both subsequent and antecedent to faith. In short, Abraham believed God, and was accredited by Him with righteousness; but it was patience which *proved* his faith, when he was bidden to immolate his son, with a view to (I would not say the temptation, but) the typical attestation of his faith. But God knew whom He had accredited with righteousness. So heavy a precept, the perfect execution whereof was not even pleasing to the Lord, he patiently both heard, and (if God had willed) would have fulfilled. Deservedly then was he *blessed*, because he was *faithful*; deservedly *faithful*, because *patient*. So faith, illumined by patience, when it was becoming propagated among the nations through *Abraham's seed, which is Christ*, Galatians 3:16 and was superinducing grace over the law, made patience her pre-eminent coadjutrix for amplifying and fulfilling the law, because that alone had been lacking unto the doctrine of righteousness. For men were of old wont to require *eye for eye, and tooth for tooth* and to repay with usury *evil with evil*; for, as yet, patience was not on earth, because faith was not either. Of course, meantime, impatience used to enjoy the opportunities which the law gave. That was easy, while the Lord and Master of patience was absent. But after He has supervened, and has united the grace of faith with patience, *now* it is no longer lawful to assail

even with *word*, nor to say *fooleven*, without *danger of the judgment*. Anger has been prohibited, our spirits retained, the petulance of the hand checked, the poison of the tongue extracted. The law has found more than it has lost, while Christ says, *Love your personal enemies, and bless your cursers, and pray for your persecutors, that you may be sons of your heavenly Father*. Matthew 5:44-45 Do you see whom patience gains for us as a Father? In this principal precept the universal discipline of patience is succinctly comprised, since evil-doing is not conceded even when it is deserved.

Chapter 7\ The Causes of Impatience, and Their Correspondent Precepts

Now, however, while we run through the causes of impatience, all the other precepts also will answer in their own places. If our spirit is aroused by the loss of property, it is commonished by the Lord's Scriptures, in almost every place, to a contemning of the world; nor is there any more powerful exhortation to contempt of money submitted (to us), than (*the fact*) the Lord Himself is found amid no riches. He always justifies the poor, fore-condemns the rich. So He fore-ministered to patience *loss*, and to opulence *contempt* (as portion); demonstrating, by means of (His own) *repudiation* of riches, that *hurts* done to them also are not to be much regarded. Of that, therefore, which we have not the smallest need to seek after, because the Lord did not seek after it either, we ought to endure without heart-sickness the cutting down or taking away. *Covetousness*, the Spirit of the Lord has through the apostle pronounced *a root of all evils*. Let us not interpret that *covetousness* as consisting merely in the concupiscence of what is another's: for even what *seems* ours *is* another's; for nothing is ours, since all things are God's, whose are we also ourselves. And so, if, when suffering from a loss, we feel impatiently, grieving for what is lost from what is not our own, we shall be detected as bordering on covetousness: we *seek* what is another's when we ill brook *losing* what is another's. He who is greatly stirred with impatience of a loss, does, by giving things earthly the precedence over things heavenly, sin directly against God; for the Spirit, which he has received from the Lord, he greatly shocks for the sake of a worldly matter. Willingly, therefore, let us lose things earthly, let us keep things heavenly. Perish the whole world, so I may make patience my gain! In truth, I know not whether he who has not made up his mind to endure with constancy the loss of somewhat of his, either by theft, or else by force, or else even by carelessness, would himself readily or heartily lay hand on his own property in the cause of almsgiving: for who that endures not at all to be cut by another, himself draws the sword on his own body? Patience in losses is an exercise in bestowing and communicating. Who fears not to lose, finds it not irksome to give. Else how will one, when he has two coats, give the one of them to the naked, Luke 3:11 unless he be a man likewise to offer to one who takes away his coat his cloak as well? How shall we fashion to us friends from mammon, Luke 16:9 if we love it so much as not to put up with its loss? We shall perish together with the lost *mammon*. Why do we *find* here, where it is our business to *lose*? To exhibit impatience at all losses is the Gentiles' business, who give money the precedence perhaps over their soul; for so they do, when, in their cupidities of lucre, they encounter the gainful perils of commerce on the sea; when, for money's sake, even in the forum, there is nothing which damnation (itself) would fear which they hesitate to essay; when they hire themselves for sport and the camp; when, after the manner of wild beasts, they play the bandit along the highway. But us, according to the diversity by which we are distinguished from them, it becomes to lay down not our soul for money, but money for our soul, whether spontaneously in bestowing or patiently in losing.

Chapter 8\ Of Patience Under Personal Violence and Malediction

We who carry about our very soul, our very body, exposed in this world to injury from all, and exhibit patience under that injury; shall we be hurt at the loss of less important things? Far from a servant of Christ be such a defilement as that the patience which has been prepared for greater temptations should forsake him in frivolous ones. If one attempt to provoke you by manual violence, the monition of the Lord is at hand: *To him*, He says, *who smites you on the face, turn the other cheek likewise*. Matthew 5:39 Let outrageousness be wearied out by your patience. Whatever that blow may be, conjoined with

pain and contumely, it shall receive a heavier one from the Lord. You wound that outrageous one more by enduring: for he will be beaten by Him for whose sake you endure. If the tongue's bitterness break out in malediction or reproach, look back at the saying, *When they curse you, rejoice*. The Lord Himself was *cursed* in the eye of the law; and yet is He the only Blessed One. Let us servants, therefore, follow our Lord closely; and be cursed patiently, that we may be able to be blessed. If I hear with too little equanimity some wanton or wicked word uttered against me, I must of necessity either myself retaliate the bitterness, or else I shall be racked with mute impatience. When, then, on being cursed, I smite (with my tongue,) how shall I be found to have followed the doctrine of the Lord, in which it has been delivered that *a man is defiled, not by the defilements of vessels, but of the things which are sent forth out of his mouth*. Again, it is said that *impeachment awaits us for every vain and needless word*. It follows that, from whatever the Lord keeps us, the same He admonishes us to bear patiently from another. I will add (somewhat) touching the *pleasure* of patience. For every injury, whether inflicted by tongue or hand, when it has lighted upon patience, will be dismissed with the same fate as, some weapon launched against and blunted on a rock of most steadfast hardness. For it will wholly fall then and there with bootless and fruitless labour; and sometimes will recoil and spend its rage on him who sent it out, with retorted impetus. No doubt the reason why any one hurts you is that you may be pained; because the hurter's enjoyment consists in the pain of the hurt. When, then, you have upset his enjoyment by not being pained, *he* must needs be pained by the loss of his enjoyment. Then you not only go unhurt away, which even alone is enough for you; but gratified, into the bargain, by your adversary's disappointment, and revenged by his pain. This is the *utility* and the *pleasure* of patience.

Chapter 9\ Of Patience Under Bereavement

Not even that species of impatience under the loss of our dear ones is excused, where some assertion of a right to grief acts the patron to it. For the consideration of the apostle's declaration must be set before us, who says, *Be not overwhelmed with sadness at the falling asleep of any one, just as the nations are who are without hope*. And justly; or, believing the resurrection of Christ we believe also in our own, for whose sake He both died and rose again. Since, then, there is certainty as to the resurrection of the dead, grief for death is needless, and impatience of grief is needless. For why should you grieve, if you believe that (your loved one) is not perished? Why should you bear impatiently the temporary withdrawal of him who you believe will return? That which you think to be death is departure. He who goes before us is not to be lamented, though by all means to be longed for. That longing also must be tempered with patience. For why should you bear without moderation *the fact that* one is gone away whom you will presently follow? Besides, impatience in matters of this kind bodes ill for our hope, and is a dealing insincerely with the faith. And we wound Christ when we accept not with equanimity the summoning out of this world of any by Him, as if they were to be pitied. *I desire*, says the apostle, *to be now received, and to be with Christ*. How far better a desire does *he* exhibit! If, then, we grieve impatiently over such as *have* attained the desire of Christians, we show unwillingness ourselves to attain it.

Chapter 10\ Of Revenge

There is, too, another chief spur of impatience, the lust of revenge, dealing with the business either of glory or else of malice. But *glory*, on the one hand, is everywhere *vain*; and malice, on the other, is always odious to the Lord; in this case indeed most of all, when, being provoked by a neighbour's malice, it constitutes itself superior in following out revenge, and by paying wickedness doubles that which has once been done. Revenge, in the estimation of error, seems a solace of pain; in the estimation of truth, on the contrary, it is convicted of malignity. For what difference is there between provoker and provoked, except that the former is detected as prior in evil-doing, but the latter as posterior? Yet each stands impeached of hurting a man in the eye of the Lord, who both prohibits and condemns every wickedness. In evil doing there is no account taken of *order*, nor does *place* separate what *similarity* conjoins. And the precept is absolute, that evil is not to be repaid with evil. Romans 12:17 Like deed involves like merit. How shall we observe that principle, if in our loathing we shall not loathe *revenge*? What honour, moreover, shall we be offering to the Lord God, if we arrogate to ourselves the arbitrament of vengeance? We are corrupt Isaiah 64:6 — earthen vessels. With our own servant-boys, if they assume to themselves the right of vengeance on their fellow-servants, we are gravely offended; while such as make us the offering of their patience we not only approve as mindful of humility, of servitude, affectionately jealous of the right of their lord's honour; but we make them an ampler satisfaction than they would have pre-exacted for themselves. Is there any risk of a different result in the case of a Lord so just in estimating, so potent in executing? Why, then, do we believe Him a Judge, if not an Avenger too? This He promises that He will be to us in return, saying, *Vengeance belongs to me, and I will avenge*; that is, *Leave* patience to me, and I will reward patience. For when He says, *Judge not, lest you be judged*, does He not require patience? For who will refrain from judging another, but he who shall be patient in not revenging himself? Who *judges* in order to *pardon*? And if he shall pardon, still he has taken care to indulge the impatience of a judger, and has taken away the honour of the one Judge, that is, God. How many mischances had impatience of this kind been wont to run into! How oft has it repented of its revenge! How oft has its vehemence been found worse than the causes which led to it! — inasmuch as nothing undertaken with impatience can be effected without impetuosity: nothing done with impetuosity fails either to stumble, or else to fall altogether, or else to vanish headlong. Moreover, if you avenge yourself too slightly, you will be mad; if too amply, you will have to bear the burden. What have I to do with vengeance, the measure of which, through impatience of pain, I am unable to regulate? Whereas, if I shall repose on patience, I shall not *feel* pain; if I shall not feel pain, I shall not *desire* to avenge myself.

Chapter 11\ . Further Reasons for Practising Patience. Its Connection with the Beatitudes

After these principal material causes of impatience, registered to the best of our ability, why should we wander out of our way among the rest — what are found at home, what abroad? Wide and diffusive is the Evil One's operation, hurling manifold irritations of our spirit, and sometimes trifling ones, sometimes very great. But the trifling ones you may condemn from their very littleness; to the very great ones you may yield in regard of their overpoweringness. Where the injury is less, there is no necessity for impatience; but where the injury is greater, there more necessary is the remedy for the injury — patience. Let us strive, therefore, to endure the inflictions of the Evil One, that the counter-zeal of our equanimity may mock the zeal of the foe. If, however, we ourselves, either by imprudence or else voluntarily, draw upon ourselves anything, let us meet with equal patience what we have to blame ourselves for. Moreover, if we believe that some inflictions are sent on us by the Lord, to whom should we more exhibit patience than to the Lord? Nay, He teaches us to give thanks and rejoice, over and above, at being thought worthy of divine chastisement. *Whom I love*, says He, *I chasten*. O blessed servant, on whose amendment the Lord is intent! With whom He deigns to be angry! Whom He does not deceive by dissembling His reproofs! On every side, therefore, we are bound to the duty of exercising patience, from whatever quarter, either by our own errors or else by the snares of the Evil One, we incur the Lord's reproofs. Of that duty great is the reward — namely, happiness. For whom but the patient has the Lord called happy, in saying, *Blessed are the poor in spirit, for theirs is the kingdom of the heavens?* Matthew 5:3 No one, assuredly, is *poor in spirit*, except he be humble. Well, who is humble, except he be patient? For no one can abase himself without patience, in the first instance, to bear the act of abasement. *Blessed*, says He, *are the weepers and mourners*. Matthew 5:4 Who, without patience, is tolerant of such unhappinesses? And so to such, *consolation* and *laughter* are promised. *Blessed are the gentle*: Matthew 5:5 under this term, surely, the impatient cannot possibly be classed. Again, when He marks *the peacemakers* Matthew 5:9 with the same title of felicity, and names them *sons of God*, pray have the impatient any affinity with *peace*? Even a fool may perceive that. When, however, He says, *Rejoice and exult, as often as they shall curse and persecute you; for very great is your reward in heaven*, of course it is not to the *impatience* of exultation that He makes that promise; because no one *will exult* in adversities unless he have first learned to condemn them; no one will condemn them unless he have learned to practise patience.

Chapter 12\ . Certain Other Divine Precepts. The Apostolic Description of Charity. Their Connection with Patience

As regards the rule of peace, which is so pleasing to God, who in the world that is prone to impatience will even *once* forgive his brother, I will not say *seven times*, or *seventy-seven times*? Who that is contemplating a suit against his adversary will compose the matter by agreement, Matthew 5:25 unless he first begin by lopping off chagrin, hardheartedness, and bitterness, which are in fact the poisonous outgrowths of impatience? How will you *remit, and remission shall be granted* you Luke 6:37 if the absence of patience makes you tenacious of a wrong? No one who is at variance with his brother in his mind, will finish offering his *duteous gift at the altar*, unless he first, with intent to *reconciliate his brother*, return to patience. Matthew 5:23-24 *If the sun go down over our wrath*, we are in jeopardy: we are not allowed to remain one day without patience. But, however, since Patience takes the lead in every species of salutary discipline, what wonder that she likewise ministers to Repentance, (accustomed as

Repentance is to come to the rescue of such as have fallen,) when, on a disjunction of wedlock (for that cause, I mean, which makes it lawful, whether for husband or wife, to persist in the perpetual observance of widowhood), she waits for, she yearns for, she persuades by her entreaties, repentance in all who are one day to enter salvation? How great a blessing she confers on each! The one she prevents from becoming an adulterer; the other she amends. So, too, she is found in those holy examples touching patience in the Lord's parables. The shepherd's patience seeks and finds the straying ewe: Luke 15:3-6 for *Impatience* would easily despise *one* ewe; but Patience undertakes the labour of the quest, and the patient burden-bearer carries home on his shoulders the forsaken sinner. That prodigal son also the father's patience receives, and clothes, and feeds, and makes excuses for, in the presence of the angry brother's *impatience*. Luke 15:11-32 He, therefore, who *had perished* is saved, because he entered on *the way of* repentance. Repentance perishes not, because it finds Patience (to welcome it). For by whose teachings but those of Patience is Charity — the highest sacrament of the faith, the treasure-house of the Christian name, which the apostle commends with the whole strength of the Holy Spirit— trained? *Charity*, he says, *is long suffering*; thus she applies patience: *is beneficent*; Patience does no evil: *is not emulous*; that certainly is a peculiar mark of patience: *savours not of violence*: she has drawn her self-restraint from patience: *is not puffed up*; *is not violent*; for that pertains not unto patience: *nor does she seek her own* if, she *offers* her own, provided she may benefit her neighbours: *nor is irritable*; if she were, what would she have left to *Impatience*? Accordingly he says, *Charity endures all things; tolerates all things*; of course because she is patient. Justly, then, *will she never fail*; for all other things will be cancelled, will have their consummation. *Tongues, sciences, prophecies, become exhausted; faith, hope, charity, are permanent*: Faith, which Christ's patience introduced; hope, which man's patience waits for; charity, which Patience accompanies, with God as Master.

Chapter 13\ Of Bodily Patience

Thus far, finally, of patience simple and uniform, and as it exists merely in the *mind*: though in many forms likewise I labour after it in *body*, for the purpose of *winning the Lord*; Philippians 3:8 inasmuch as it is *a quality* which has been exhibited by the Lord Himself in bodily virtue as well; if it is true that the ruling mind easily communicates the gifts of the Spirit with its *bodily* habitation. What, therefore, is the business of Patience *in the body*? In the first place, *it is* the affliction of the flesh — a victim able to appease the Lord by means of the sacrifice of humiliation — in making a libation to the Lord of sordid raiment, together with scantiness of food, content with simple diet and the pure drink of water in conjoining fasts *to all this*; in inuring herself to sackcloth and ashes. This *bodily* patience adds a grace to our prayers for good, a strength to our prayers against evil; this opens the ears of Christ *our* God, dissipates severity, elicits clemency. Thus that Babylonish king, after being exiled from human form in his seven years' squalor and neglect, because he had offended the Lord; by the bodily immolation of patience not only recovered his kingdom, but — what is more to be desired by a man — made satisfaction to God. Further, if we set down in order the higher and happier grades of bodily patience, (we find that) it is she who is entrusted by holiness with the care of continence of the flesh: she keeps the widow, and sets on the virgin the seal 1 Corinthians 7:34-35 and raises the self-made eunuch to the realms of heaven. Matthew 19:12 That which springs from a virtue of the *mind* is perfected in the *flesh*; *and*, finally, by the patience of the flesh, does battle under persecution. If flight press hard, the

flesh wars with the inconvenience of flight; if imprisonment overtake us, the flesh (still was) in bonds, the flesh in the gyve, the flesh in solitude, and in that want of light, and in that patience of the world's misusage. When, however, it is led forth unto the final proof of happiness, unto the occasion of the second baptism, Luke 12:50 unto the act of ascending the divine seat, no patience is more needed *there* than *bodily* patience. If the *spirit is willing, but the flesh, without* patience, *weak*, Matthew 26:41 where, *save in patience*, is the safety of the spirit, and of the flesh itself? But when the Lord says this about the flesh, pronouncing it *weak*, He shows what need there is of strengthening, it — that is by patience — to meet every preparation for subverting or punishing faith; that it may bear with all constancy stripes, fire, cross, beasts, sword; all which prophets and apostles, by enduring, conquered\!

Chapter 14\ The Power of This Twofold Patience, the Spiritual and the Bodily. Exemplified in the Saints of Old

With this strength of patience, Esaias is cut *asunder*, and ceases not to speak concerning the Lord; Stephen is stoned, and prays for pardon to his foes. Acts 7:59-60 Oh, happy also he who met all the violence of the devil by the exertion of every species of patience\! — whom neither the driving away of his cattle nor those riches of his in sheep, nor the sweeping away of his children in one swoop of ruin, nor, finally, the agony of his own body in (one universal) wound, estranged from the patience and the faith which he had plighted to the Lord; whom the devil smote with all his might in vain. For by all his pains he was not drawn away from his reverence for God; but he has been set up as an example and testimony to us, for the thorough accomplishment of patience as well in spirit as in flesh, as well in mind as in body; in order that we succumb neither to damages of our worldly goods, nor to losses of those who are dearest, nor even to bodily afflictions. What a bier for the devil did God erect in the person of that hero\! What a banner did He rear over the enemy of His glory, when, at every bitter message, that man uttered nothing out of his mouth but thanks to God, while he denounced his wife, now quite wearied with ills, and urging him to resort to crooked remedies\! How did God smile, how was the evil one cut asunder, while Job with mighty equanimity kept scraping off Job 2:8 the unclean overflow of his own ulcer, while he sportively replaced the vermin that broke out thence, in the same caves and feeding-places of his pitted flesh\! And so, when all the darts of temptations had blunted themselves against the corslet and shield of his patience, that instrument of God's victory not only presently recovered from God the soundness of his body, but possessed in redoubled measure what he had lost. And if he had wished to have his children also restored, he might again have been called father; but he preferred to have them restored him *in that day*. Such joy as *that* — secure so entirely concerning the Lord — he deferred; meantime he endured a voluntary bereavement, that he might not live without *some* (exercise of) patience.

Chapter 15\ General Summary of the Virtues and Effects of Patience

So amply sufficient a Depositary of patience is God. If it be a wrong which you deposit in His care, He is an Avenger; if a loss, He is a Restorer; if pain, He is a Healer; if death, He is a Reviver. What honour is granted to Patience, to have God as her Debtor! And not without reason: for she keeps all His decrees; she has to do with all His mandates. She fortifies faith; is the pilot of peace; assists charity; establishes humility; waits long for repentance; sets her seal on confession; rules the flesh; preserves the spirit; bridles the tongue; restrains the hand; tramples temptations under foot; drives away scandals; gives their crowning grace to martyrdoms; consoles the poor; teaches the rich moderation; overstrains not the weak; exhausts not the strong; is the delight of the believer; invites the Gentile; commends the servant to his lord, and his lord to God; adorns the woman; makes the man approved; is loved in childhood, praised in youth, looked up to in age; is beautiful in either sex, in every time of life. Come, now, see whether we have a general idea of her mien and habit. Her countenance is tranquil and peaceful; her brow serene contracted by no wrinkle of sadness or of anger; her eyebrows evenly relaxed in gladness, with eyes downcast in humility, not in unhappiness; her mouth sealed with the honourable mark of silence; her hue such as theirs who are without care and without guilt; the motion of her head frequent against the devil, and her laugh threatening; her clothing, moreover, about her bosom white and well fitted to her person, as being neither inflated nor disturbed. For *Patience* sits on the throne of that calmest and gentlest Spirit, who is not found in the roll of the whirlwind, nor in the leaden hue of the cloud, but is of soft serenity, open and simple, whom Elias saw at his third essay. For where God is, there too is His foster-child, namely Patience. When God's Spirit descends, then Patience accompanies Him indivisibly. If we do not give admission *to her* together with the Spirit, will (He) *always* tarry with us? Nay, I know not whether He would remain *any longer*. Without His companion and handmaid, He must of necessity be straitened in every place and at every time. Whatever blow His enemy may inflict He will be unable to endure alone, being without the instrumental means of enduring.

Chapter 16\ The Patience of the Heathen Very Different from Christian Patience. Theirs Doomed to Perdition. Ours Destined to Salvation

This is the rule, this the discipline, these the works of patience *which is* heavenly and true; that is, of Christian *patience*, not false and disgraceful, like as is that patience of the nations of the earth. For in order that in this also the devil might rival the Lord, he has as it were quite on a par (except that the very diversity of evil and good is exactly on a par with their magnitude) taught *his disciples* also a patience of his own; that, I mean, which, making husbands venal for dowry, and teaching them to trade in panderings, makes them subject to the power of their wives; which, with feigned affection, undergoes every toil of forced complaisance, with a view to ensnaring the childless; which makes the slaves of the belly submit to contumelious patronage, in the subjection of their liberty to their gullet. Such pursuits of patience the Gentiles are acquainted with; and they eagerly seize a name of so great goodness to apply it to foul practises: patient they live of rivals, and of the rich, and of such as give them invitations; impatient of God alone. But let their own and their leader's patience look to itself — *a patience* which the subterraneous fire awaits\! Let us, on the other hand, love the patience of God, the patience of Christ; let us repay to Him the *patience* which He has paid down for us\! Let us offer *to Him* the patience of the spirit, the patience of the flesh, believing as we do in the resurrection of flesh and spirit.

Source: Ante-Nicene Fathers, Vol. 3. Translated by S. Thelwall. Christian Literature Publishing Co., 1885.

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